



of Arts, Commerce & Science

(Hindi Linguistic Minority Institution)

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3.4.3.1_3 Summary of Extension & Outreach programs conducted

Sr. No.	Event/Activity Name	collaborating unit/ Agency	Name of the Scheme	Year
1	Webinar on Psychological Skill	Being Human	NSS	2021-22
2	International Yoga Day	Ambika Yog Kutir	NSS	2021-22
3	Blood Donation drive	KEM Hospital	NSS	2021-22
4	Independence Day	-	NSS	2021-22
5	Free Vaccination Drive	BMC	NSS	2021-22
6	Azadi ka Amrit Mahotsav	-	NSS	2021-22
7	Voters Awareness Day	Election Commission	NSS	2021-22
8	Republic Day	-	NSS	2021-22
9	Joy of Giving	Rotary Club Mumbai Marvels	NSS	2021-22
10	Health Check-up camp	-	NSS	2021-22
11	Organ Donation	V4organs	NSS	2021-22
12	Blood Donation Camp – Venture Business Park, Hiranandani	Rotaract Club	NSS	2021-22
13	Blood Donation Camp – Hiranandani Hospital	Hiranandani Hospital	NSS	2021-22
14	Free Medical check-up Camp	Powai Police Station	NSS	2021-22
15	Punya ke Kadam	Rotaract Club	NSS	2021-22
16	Quiz Competition: Indian Army Day	-	NSS	2021-22
17	Powai Lake Cleanliness Drive	Jallosh Foundation	NSS	2021-22
18	Celebration of World Aquatic Animals Day	NGO Young Environmentalists Program trust	Nature Club	2021-22
19	Webinar on Miracle Enzyme		Nature Club	2021-22
20	Swachh Bharat Abhiyan at Powai Lake	NGO Young Environmentalists Program trust	Nature Club	2021-22

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21	Visit to Marine & Coastal Biodiversity Centre	NGO Young Environmentalists Program trust	Nature Club	2021-22
	W. I. G. C. C. C. C.		N. Cl. 1	2021 22
22	Webinar on Shifting of Climatic Preparedness	-	Nature Club	2021-22
23	Eco – Friendly Ganesh Idol Making	NGO Young Environmentalists Program trust	Nature Club	2021-22
24	Webinar on Ecosystem Restoration	-	Nature Club	2021-22
25	Webinar on "How to maintain your inner beauty to improve your personality"	-	Health and Counselling cell	2021-22
26	Webinar on "How to maintain physical and mental health during Menstrual cycle"	-	Health and Counselling cell	2021-22
27	Seminar on raising a happy, High self-esteem child	-	Health and Counselling cell	2021-22
28	Personal Counselling	-	Health and Counselling cell	2021-22
29	Slogan Making Competition on Theme- Homage to Freedom Fighters.		DLLE	2021-22
30	Webinar on Basics of Securities Market	Suman Mahila Vikas Mandal	DLLE	2021-22
31	Joy of Giving	-	DLLE	2021-22
32	Azadi ka Amrit Mahotsav - Quiz and Essay writing competitions	NISM	DLLE	2021-22
33	Republic Day Celebration	-	DLLE	2021-22
34	Free Covid (Covaxin) Vaccination Drive -1	BMC	DLLE	2021-22
35	Free Covid (Covaxin) Vaccination Drive - 2	ВМС	DLLE	2021-22
36	Poster making competition	-	DLLE	2021-22
37	Seminar on Active Living	-	DLLE	2021-22
38	Azadi ka Amrit Mahotsav – PPT Competition	-	DLLE	2021-22





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39	Yoga Training Sessions for the Society	-	DLLE	2021-22
40	Webinar on 'The Primera's - the young women on the threshold of entering the workforce'	-	Women Development Cell	2021-22
41	Essay Competition: "Importance of Education for Girls"	-	Women Development Cell	2021-22
42	Webinar on 'Smart Girl Program - To be Happy! To be Strong!'	-	Women Development cell	2021-22
43	Webinar on 'Smart Girl: To be happy! To be smart!	-	Women Development cell	2021-22
44	Awareness Program for all Girls on "Breast Cancer and Cervical Cancer - Signs & Symptoms"	-	Women Development cell	2021-22
45	Investor Awareness Program on "Wealth Management	-	Women Development Cell	2021-22
46	Intercollegiate Quiz Competition in the light of International Women's Day	-	Women Development Cell	2021-22
47	Sanitary napkin vending machines installation	-	Women Development Cell	2021-22
48	Vocational Skill Development course on beauty treatment	-	Rotaract Club of Mumbai Lakers	2021-22

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Sr. No.	Event / Activity Name	Organizing Unit/ Agency	Name of the scheme	Year
1	Webinar on "International Yoga Day	ISHA Foundation	NSS	2020-21
2	Webinar on Gender Sensitization	-	NSS	2020-21
3	Mask Distribution Drive	-	NSS	2020-21
4	Webinar on Organ Donation	University of Mumbai	NSS	2020-21
5	Webinar on Human Trafficking	The Movement NGO	NSS	2020-21
6	Webinar on Save electricity	-	NSS	2020-21
7	Campaign for Aarogya Setu App	University of Mumbai	NSS	2020-21
8	Webinar on International Mother Earth Day	-	NSS	2020-21
9	Quiz Competition on occasion of Indian Constitution Day	-	NSS	2020-21
10	Awareness Quiz on occasion World AIDS Day	-	NSS	2020-21
11	Webinar On World Environment Day	-	NSS	2020-21
12	Quiz Competition on World Environment Day	-	NSS	2020-21
13	Student Orientation about NSS	-	NSS	2020-21
14	Test your knowledge "Quiz on Army Day"	-	NSS	2020-21
15	Webinar on "Save Water"	The Movement NGO	NSS	2020-21
16	Webinar on "Awareness about Cyber Crime."	-	NSS	2020-21
17	Webinar on "Tree plantation Day"	-	NSS	2020-21
18	National Level Webinar on Take your first step to go green in your educational practice	-	Nature Club	2020-21
19	Seminar on World Clean-up Day	-	Nature Club	2020-21





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20	Seminar on E-waste Day	-	Nature Club	2020-21
21	Zero waste living Challenge	-	Nature Club	2020-21
22	Webinar on Environmental Sustainability & Conservation	-	Health & Counselling Cell	2020-21
23	Personal Counselling Session		Health & Counselling Cell	2020-21
24	Webinar on 7 Great Exercises to Ease Depression	-	Health & Counselling Cell	2020-21
25	Webinar on Emotional awareness & coping skills	-	Health & Counselling Cell	2020-21
26	Webinar on "How to Maintain & Balance Mental Health during pandemic Covid-19"	-	Health & Counselling Cell	2020-21
27	Webinar on Delving into the Essence of Values	Jasmine leaning Solutions	DLLE	2020-21
28	Joy of Giving	-	DLLE	2020-21
29	Poster Making Competition	-	DLLE	2020-21
30	Debate Competition on effect off Lockdown	-	DLLE	2020-21
31	Webinar on Stress Management after Covid	Hare Krishna Movement	Women Development Cell	2020-21
32	Webinar on Awareness on Prevention & Healthy Lifestyle	Sanjivani Life	Women Development Cell	2020-21
33	Webinar on Empowering Women in the Workplace	-	Women Development Cell	2020-21

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Sr. No.	Event / Activity Name	Organizing unit / Agency	Name of the Scheme	Year
1	International Yoga Day	Ambika Yog Kutir	NSS	2019-20
2	Tree Plantation	Rotary Club	NSS	2019-20
3	Student Orientation	-	NSS	2019-20
4	Self Defense Workshop	ABVP	NSS	2019-20
5	Independence Day Celebration	Kanjurmarg Railway Station Authority	NSS	2019-20
6	Cleanliness Drive University of Mumbai	University of Mumbai	NSS	2019-20
7	Crowd Management (Ganpati Immersion)	Mumbai Police	NSS	2019-20
8	Cleanliness Awareness Drive at Kanjurmarg station	Kanjurmarg Railway Station Authority	NSS	2019-20
9	Swami Vivekanand Run for Unity	-	NSS	2019-20
10	Beach Cleanliness Drive - Mahim beach	United Way Foundation	NSS	2019-20
11	Blood Donation Camp	Jaslok Hospital Blood bank	NSS	2019-20
12	Republic Day Celebration	Kanjurmarg Railway Station Authority	NSS	2019-20
13	Seminar of rethink plastic	University of Mumbai	NSS	2019-20
14	Disaster Management Awareness Program	S.M. Shetty College	NSS	2019-20
15	India Giving Thanks to our Heroes	Rotary Club	NSS	2019-20
16	Triyoga	Ambika Yog Kutir	NSS	2019-20
17	Awareness Rally on Road Safety	-	NSS	2019-20
18	Lecture on Positive Mindset	Brahma Kumari	NSS	2019-20
19	Lecture on Tobacco Awareness	-	NSS	2019-20
20	Exhibition of Products by Disabled Individuals	MBA Foundation	NSS	2019-20
21	Lecture on Art of Living	-	NSS	2019-20
22	Beach Cleanliness Drive – Juhu Beach	-	NSS	2019-20
23	Seminar on Solar Application Day	-	Nature Club	2019-20
24	Seed bowl Distribution	-	Nature Club	2019-20
25	Drawing Competition	-	Nature Club	2019-20
26	Trek to Garbett Plateau	-	Nature Club	2019-20
27	Seminar on Plantation Day	-	Nature Club	2019-20
28	Seminar on Awareness talk on upcoming virus	-	Health & Counselling Cell	2019-20
29	A week devoted to Ones Soul, mind & heart	-	Health & Counselling Cell	2019-20





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30	Personal Counselling Session	-	Health & Counselling Cell	2019-20
31	Maintaining Personal hygiene for	_	Health &	2019-20
31	both (Male-female	_	Counselling Cell	2019-20
32	Seminar on Gender Sensitization	_	Health &	2019-20
32	Seminar on Gender Sensitization	-		2019-20
22	A		Counselling Cell	2010.20
33	Annapurna Yojana	-	DLLE	2019-20
34	Poster Making Competition	-	DLLE	2019-20
35	Second Term Training Program	-	DLLE	2019-20
36	Seminar on Intellectual Property Rights	-	DLLE	2019-20
37	Essay Writing Competition	-	DLLE	2019-20
38	Udaan Festival	-	DLLE	2019-20
39	Street Play – KHWAISH Fest	-	DLLE	2019-20
40	Walk for Freedom	-	DLLE	2019-20
41	street play on a social issue at the Community Level		DLLE	2019-20
42	Breast Cancer Awareness Program	-	Women Development Cell	2019-20
43	Women Self Defense Training Program	-	Women Development Cell	2019-20
44	Expert Guidance Session on "Health & Hygiene"	-	Women Development Cell	2019-20
45	Seminar on "Sexual harassment at Workplace"	-	Women Development Cell	2019-20
46	Expert Guidance Session on "Issue of Gender & human rights"	-	Women Development Cell	2019-20
47	Expert Guidance Session on "Self- Presentation and Prevention & Detection of PCOD	-	Women Development Cell	2019-20
48	Expert Lecture on Skin Care	-	Women Development Cell	2019-20





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Sr No.	Event/Activity Name	Organizing unit/agency	Name of the Scheme	Year
1	International Yoga Day	Ambika Yog Kutir	NSS	2018-19
2	Independence Day Celebration	Kanjur Marg Railway Station Authority	NSS	2018-19
3	Blood Donation Drive	Jaslok hospital	NSS	2018-19
4	Swami Vivekananda Run for unity	Bharat Vikas Parishad	NSS	2018-19
5	Anti-Plastic Campaign	-	NSS	2018-19
6	Crowd Management (Ganpati Immersion)	Mumbai Police	NSS	2018-19
7	Kanjurmarg Station cleanliness drive	Kanjur Marg Railway Station Authority	NSS	2018-19
8	Bhajan Sandhya on occasion of Gandhi Jayanti	University of Mumbai	NSS	2018-19
9	Lecture on "Human Trafficking"	The Movement NGO	NSS	2018-19
10	Silent walk for freedom	Justice Ventures India	NSS	2018-19
11	Powai Lake Cleanliness Drive	BMC	NSS	2018-19
12	Rally for Cancer Patients	University of Mumbai	NSS	2018-19
13	Lecture on "Stress management and Depression"	The Movement NGO	NSS	2018-19
14	Republic Day Celebration	Kanjur Marg Railway Station Authority	NSS	2018-19
15	NSS Residential Camp	University of Mumbai	NSS	2018-19
16	Blood Donation Camp-Ghatkopar	Bhatwadi (Paras Dham Temple)	NSS	2018-19
17	Lecture on Vermi Composting	University of Mumbai	NSS	2018-19
18	Blood Donation Awareness Program – Powai	-	NSS	2018-19
19	Awareness Rally on Ozone Day	-	NSS	2018-19
20	Food Distribution at Sangharsh Nagar	-	NSS	2018-19
21	Notebook Making Project	-	NSS	2018-19
22	Organ Donation Awareness Camp	University of Mumbai	NSS	2018-19
23	Joy of Giving	-	NSS	2018-19

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24	Road Safety Awareness Rally	Mumbai Police	NSS	2018-19
25	Seminar on Environmental Health Day	-	Nature Club	2018-19
26	Cleanliness Drive at Ambedkar Garden	BMC	Nature Club	2018-19
27	Trek to Sondai Fort	-	Nature Club	2018-19
28	Seminar on World Planting Day	-	Nature Club	2018-19
29	Personal Counselling Session	-	Health & Counselling Cell	2018-19
30	Seminar on Menstrual Cycle Hygiene	IQAC	Health & Counselling Cell	2018-19
31	Awareness Program on Cancer - Signs & Symptoms	IQAC	Health & Counselling Cell	2018-19
32	Awareness on Basic Health & Hygiene	-	Health & Counselling Cell	2018-19
33	Awareness about Anti-drug & Rash Driving	Mumbai Police	DLLE	2018-19
34	Walk towards a Healthy Organic Future	Tata Memorial Hospital	DLLE	2018-19
35	Poster Making Competition	-	DLLE	2018-19
36	UDDAN Festival	University of Mumbai	DLLE	2018-19
37	Essay Writing Competition	-	DLLE	2018-19
38	Joy of Giving	Home Cheshire	DLLE	2018-19
39	Self Defense Training	Gymkhana	Women Development Cell	2018-19
40	Expert Guidance Lecture – Privacy and space	-	Women Development Cell	2018-19
41	Mission SAHASI	ABVP	Women Development Cell	2018-19
42	Voting Awareness Program	Election Commission	Women Development Cell	2018-19



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1	International Yoga Day	Ambika Yog Kutir	NSS	2017-18
2	Blood Donation Drive	KEM Hospital	NSS	2017-18
3	Independence Day	Kanjur Marg Station Railway authority	NSS	2017-18
4	Visit to Hiranandani hospital for helping disable patients	MBA Foundation	NSS	2017-18
5	Tree Plantation and Preservation	Rotary Club, Mumbai	NSS	2017-18
6	Crowd Management (Ganapati Immersion)	Mumbai Police	NSS	2017-18
7	Kanjur Marg Railway Station Cleanliness Drive	Kanjur Marg Station Railway authority	NSS	2017-18
8	Rally For Save Rivers	ISHA Foundation	NSS	2017-18
9	Bhajan Sandhya on occasion of Gandhi Jayanti	University of Mumbai	NSS	2017-18
10	Rashtriya Ekta Divas	University of Mumbai	NSS	2017-18
11	NSS Seven days Residential camp	University of Mumbai	NSS	2017-18
12	Birth Anniversary celebration of Swami Vivekananda	University of Mumbai	NSS	2017-18
13	Lecture on Women Safety awareness	University of Mumbai	NSS	2017-18
14	Celebration of Republic Day	Kanjur Marg Station Railway authority	NSS	2017-18
15	Celebration of "Marathi Bhasha Divas"	Marathi Mandal	NSS	2017-18
16	competition on poster making	-	NSS	2017-18
17	Voter ID awareness campaign	Election Commission	NSS	2017-18
18	Blood Donation Awareness Campaign	Raja wadi Hospital	NSS	2017-18
19	Trek to Vangani	-	Nature Club	2017-18
20	Trek to Saguna Baug	-	Nature Club	2017-18
21	Stress Management and coping Skills		Health and Counselling Cell	2017-18
22	Free Health Checkup Camp		Health and Counselling Cell	2017-18





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23	Personal counseling		Health and Counselling Cell	2017-18
24	Joy of Giving food distribution	Rotary Club Mumbai	DLLE	2017-18
25	Cleanliness Drive on occasion of Gandhi Jayanti	-	DLLE	2017-18
26	AIDS Awareness Rally	RRC Club	DLLE	2017-18
27	Poster Making Competition	-	DLLE	2017-18
28	Udaan Festival	University of Mumbai	DLLE	2017-18
29	Essay Writing Competition	-	DLLE	2017-18
30	Republic Day Celebration	-	DLLE	2017-18
31	Expert Guidance on "Privacy and space for girls"	-	Women Development Cell	2017-18
32	Lecture on Technology – Detection And Prevention Of Sexual Harassment At Workplace With The Use Of Technology	-	Women Development Cell	2017-18
33	Self Defense Training Program	Vidya Nidhi & ABVP	Women Development Cell	2017-18
34	International Women's Day	-	Women Development Cell	2017-18
35	Elocution Competition on Women Empowerment	-	Women Development Cell	2017-18

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