

National Service Scheme

Organising

7th International Yoga Day



Monday, 21-06-21

3 PM to 4 PM

Mode : Online

Resource Person

Vd Sarvesh Sharma

Thanks & Regards

Dr. Pratima Singh

Mr. Tushar Shah

Principal

NSS Program Officer

BOOSTING IMMUNITY MENTAL HEALTH THROUGH YOGA

Akhil Bharatiya Vidyarthi Parishad
Powai
in collaboration with

Chandrabhan Sharma College of
Arts, Science and Commerce, Powai

organises a webinar on
the occasion of
International Yoga Day

Topic: Boosting Immunity and
Mental Health through Yoga

Speaker: Vd. Sarvesh Sharma
(Ayurvedic physician and Yoga
Consultant)

Date: 21st June 2021
Time: 4:00pm-5:00pm

*E-certificates will be given for
attending the webinar

